

CLUBHOUSES AND CHANGING ROOMS

Children are particularly vulnerable in the changing area of sports facilities.

Bullying and inappropriate conduct can occur where children are left unsupervised in changing areas. It is recommended that particular attention is given to the supervision of children aged 10 and under in changing rooms.

Scottish Athletics policy is that adults should not shower or change at the same time as children. If limited changing facilities mean that adults and children must use the same changing facility, a rota system should be employed that allows for separate changing times for adults and children. Parents/carers should be made aware of the changing arrangements and if a rota is in operation.

An adult should not be alone with a child in the changing areas. If possible more than one adult should supervise changing areas. Extra vigilance may also be required if there is public access to the venue.

If children are uncomfortable changing or showering in public, do not pressure them to do so.

If you need to use a changing room for another purpose, such as a team talk, wait until all children are fully dressed.

No photography or filming, including with mobile phones, should be allowed in changing areas and this should be monitored by changing room supervisors.